# NAPERVILLE SENIOR TASK FORCE

Get to know us!

# Vision

STF is the leading organization in Naperville that promotes and advocates for seniors and their caregivers, collaborating with city government and various service providers to ensure that Naperville provides comprehensive, intergenerational living and services for seniors.

# Mission

STF enhances the quality of life for Naperville seniors through supportive independent living, promotion of their health and well-being, educational opportunities, and recognition of their self-worth and community belonging.

#### **Values**

Respect, Service and Collaboration

Sign up for the "Our Voice" newsletter at: naperville.il.us/enews/

Volunteers welcome! Contact Co-Chair Kathy McGowan at (630) 857-6019, guiwan46@gmail.com or Co-Chair Gwenn Lloyd at (630) 207-0586, rgdlloyd@sbcqlobal.net



The Naperville Senior Task Force (STF) was established at the direction of the 2014 Naperville City Council to address the unique needs of Naperville's growing senior population:

- 2018 census figures report more than 17,000 Naperville residents are over the age of 65, which accounts for almost 12% of its population. The number of Americans age 65 and older is projected to nearly double from 52 million in 2018 (16% of total population) to 95 million (23% of total population) in 2060.
- The STF works with Mayor Wehrli and Councilman Ian Holzhauer is our Dementia Friendly liaison.
- The STF is composed of a minimum of nine committed members, all passionately working to enhance the lives of Naperville seniors.

# **Ongoing Efforts:**

- Participate in several health and wellness fairs, including the annual *Healthy, Wealthy and Wise* fair.
- Provide education to seniors through the quarterly newsletter, "Our Voice."
- Provide free Silver CPR in collaboration with the Naperville Fire Department, offering 8 classes every year.
- Support affordable housing by representing seniors at city council meetings regarding proposals for new housing developments.

# **Initiatives:**

### Senior of the Year award:

Established in 2018, this annual award recognizes male and female seniors. Recipients are recognized by Mayor Chirico at a city council meeting.

# **Dementia Friendly Naperville:**

Worked with the Naperville Fire Department, Naperville Police Department, and numerous community stakeholders to earn this designation in 2020. In addition, the STF hosts a monthly Memory Cafe and a Caregivers Support Group.

