



Dementia Caregiver Support Group

Presented by:

Alzheimer's Association

Illinois

The Fourth Tuesday of the month
1:00 p.m. - 2:00 p.m.

Naperville Public Library - 95th Street Library
3015 Cedar Glade Drive
Naperville, IL 60564

To RSVP email: DementiaFriendlyNaperville+info@gmail.com

Call: Lisa Kirchner at 630-710-7502

or call Our Helpline 800.272.3900

Visit www.alz.org/illinois to learn more about caregiver programs and resources. To further extend your network of support, visit ALZ connected®, our online community, at alzconnected.org.

Build a support system with people who understand.

Alzheimer's Association® support groups, conducted by trained facilitators, are a safe place for people living with dementia and their care partners to:

- Develop a support system.
- Exchange practical information on challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.
- Learn about community resources.